

Participating in an Empower Wellness Screening Program can help detect early warning signs of illness. With two offsite options available, you have the flexibility to complete your screening on your own time!

There are two options for completing your screening:



OPTION 1: Individual Program (Visit a local lab)

You have the opportunity to complete your screening through one of the 11,000+ patient service centers in our network. If you would like to screen at a local lab, register by **03/24/27** and complete your lab visit by **03/31/27**.

Your screening package will include:

- **Panel C** – Testing that consists of a [42-component blood chemistry profile](#). In addition to identifying signs of heart disease and diabetes, Panel C tests for liver and kidney malfunction, and thyroid, blood, and nutrition disorders.
- **Hemoglobin A1c** – Assesses blood sugar levels over the past 90 to 120 days. This test can help diagnose type 2 diabetes and prediabetes.
- **Prostate Specific Antigen (PSA)** – Screens for signs of prostate cancer in men.
(Included at no cost for men age 50 and older)
- **Thyroid-Stimulating Hormone (TSH)** – Screens for signs of thyroid cancer.
(Included at no cost for women age 50 and older)
- Self-Reported Blood Pressure Evaluation & Self-Reported Height/Weight with Body Mass Index Calculation
- **Optional Additional Tests** – Additional blood tests can be selected during online registration. For a full overview of tests and fees, see the Additional Tests Menu. This testing will not take extra time to complete.

ELIGIBLE PARTICIPANTS	SCREENING FEES	ADDITIONAL TEST FEES
Covered Employees & Spouses on the Village's BCBS of IL PPO Plan	No cost to you, covered by your company	Select tests are eligible for BCBS of IL PPO coverage, please see Additional Tests Menu for tests & fees
Covered Employees & Spouses on the Village's BCBS of IL HMO Plan	No cost to you, covered by your company	Self-pay, please see Additional Tests Menu for tests & fees

OPTION 2: Health Provider Form (Completed by your doctor)

If you have recently visited your own primary care physician, or plan to do so, you have the option to complete a Health Provider Form with your doctor. Once you've downloaded and printed this form, your primary care physician must record your screening data on the form. Your physical exam must have taken place on or after **07/01/26**. Return your completed form by **03/31/27**.

1. Go to: empower.health

Returning Participants: If you previously created an account, sign in under "Welcome Back!"

New Participants: Complete "New User" fields and enter client code:

HoffmanEstatesEHS

A verification email will be sent. Verify your email address to activate your account.



2. Select one of the following options:

Individual Program (Visit a local lab)

- **On the dashboard, click "Register" and select "Individual Program" to complete registration by 03/24/27**
Any required payment must be completed prior to your lab visit.
- **Complete the Empower Health Assessment™**
Click "Begin Assessment" when prompted during registration or from the dashboard.
- **Await your LabCorp confirmation email**
Once the registration steps are complete, you will receive a confirmation email containing next steps. You must wait until you receive this email before visiting the lab.
- **Visit the lab by 03/31/27**
Your confirmation email will include your COR order number. Please bring this number to your appointment. We recommend printing your LabCorp Requisition to bring to the lab. You can access your requisition and lab information through your empower.health portal.

Health Provider Form (Completed by your doctor)

- **On the dashboard, click "Register" and select "Health Provider Form"**
- **Complete the Empower Health Assessment™**
Click "Begin Assessment" when prompted during registration or from the dashboard.
- **Download and print the Health Provider Form to bring to your healthcare provider**
From the dashboard, click "Download Form" and verify your information in Section 1.
- **Your healthcare provider must complete Section 2 (REQUIRED)**
Your physical exam/screening must take place on or after 07/01/26.
- **Return completed form by 03/31/27**
Upload completed form by signing in to your empower.health account and selecting the **"Upload Completed Form"** button on the Dashboard.

Please note that EHS is not responsible for any costs associated with your physical exam/screening.

Access your results on empower.health

You can expect to receive an email letting you know that your results are ready to view online:

- If you visit a local lab, your results will be accessible online approximately 2-3 days from your lab visit (pending additional tests ordered).
- Completed Health Provider Forms are processed within 5 days and your results will be accessible online.

NEW!

Download our app! Simply scan the QR code above on your mobile device and follow the steps [HERE](#).

Please contact the EHS Customer Support Team at 866.367.6974 or support@empowerhealthservices.com with questions.

View Notice For Employer-Sponsored Wellness Programs [HERE](#)

Individual Program Additional Tests

(Lab program only)

Eligible for BCBS of IL PPO coverage:

BCBS
PPO

Self
Pay

Female Hormone Profile

women's health

\$0

\$60

The hormones tested in this screening are follicle-stimulating hormone (FSH) and luteinizing hormone (LH). Testing FSH levels can help identify menstrual irregularities or menopause, and LH can help determine fertility issues. Several factors can cause abnormal test results, including medications, estrogen, progesterone, and if you are menstruating.

Inflammatory Joint Disease

\$0

\$47

This panel tests levels of RF Factor, C-Reactive Protein, Uric Acid, and ANA. Testing these together can help diagnose autoimmune diseases like rheumatoid arthritis and lupus, as well as gout.

Prostate Specific Antigen (PSA)

men's health

Included at no cost for
men age 50 and older

\$0

\$40

This test can help determine signs of prostate cancer in men. The American Cancer Society and many healthcare providers recommend that men age 50 and over routinely screen for prostate cancer. Men younger than age 50 with a family history of prostate cancer are also encouraged to screen.

Testosterone (Male Hormone)

men's health

women's health

\$0

\$47

Testosterone is a reproductive hormone produced at differing levels in both men and women. This test measures testosterone levels to aid in the detection and diagnosis of infertility or glandular disorders.

Thyroid-Stimulating Hormone (TSH)

men's health

women's health

Included at no cost for
women age 50 and older

\$0

\$25

The testing of thyroid-stimulating hormone (TSH) is routinely used for the diagnosis of thyroid disease. TSH is produced by the pituitary gland and stimulates the release of T3 and T4 from the thyroid gland.

Vitamin D

men's health

women's health

diabetes

heart health

\$0

\$40

This test measures the amount of vitamin D in the body. Healthy amounts of vitamin D help control your system's calcium and phosphate levels. Your body thrives on vitamin D and needs it to absorb calcium and promote bone growth.

Vitamin Deficiency Anemia

men's health

women's health

\$0

\$37

Without enough vitamin B12, folate, and iron in the body, there is a risk for health conditions such as anemia. This test measures if you are getting enough of these vitamins and minerals.

NEW! Advanced Cardiac Risk Tests

NOT Eligible for BCBS coverage. Offered on a self-pay basis ONLY:

Self
Pay

Apolipoprotein B

heart health

\$40

ApoB is a major risk factor for plaque buildup in the arteries. High levels of ApoB can lead to elevated "bad" LDL cholesterol, increasing the risk of cardiovascular disease and other heart conditions.

High-Sensitivity C-Reactive Protein (hsCRP)

heart health

\$40

The hsCRP is used to predict and assess your risk of heart disease or stroke. Note: CRP levels can be affected by certain medications such as nonsteroidal anti-inflammatory drugs (e.g. ibuprofen, Aspirin) and estrogens (hormone therapy, birth control pills).

Lipoprotein (a)

heart health

\$40

Lipoprotein (a), also known as Lp(a), can cause plaque buildup in the arteries. High Lp(a) levels are largely attributed to genetics and can increase your risk for cardiovascular disease. This test is recommended for every adult at least once in their lifetime.

- If you are using a BCBS of IL PPO card other than the BCBS plan offered by your company, a copay, deductible and coinsurance are applicable and may result in out-of-pocket fees. Please verify your benefits before your scheduled service.
- All tests qualify as reimbursable expenses for flexible spending and health savings accounts.